

# ST. ALBERT THE GREAT CATHOLIC PARISH

10 Prestwick Drive SE, Calgary, AB, Canada T2Z 4J6

Main Phone: [403.257.6054](tel:403.257.6054) | Website: [www.stalbertthegreat.ca](http://www.stalbertthegreat.ca)

Rev. Andrew Maruszczak, SDS, Pastor | ext:222

[pastor@stalbertthegreat.ca](mailto:pastor@stalbertthegreat.ca)

Rev. Krzysztof Sobanski, SDS, Associate Pastor | ext: 230

[associate@stalbertthegreat.ca](mailto:associate@stalbertthegreat.ca)

Dcn. John Walsh: [john.walsh@calgarydiocese.ca](mailto:john.walsh@calgarydiocese.ca)

Dcn. Joseph Gingco: [joseph.gingco@calgarydiocese.ca](mailto:joseph.gingco@calgarydiocese.ca)

## TODAY'S READINGS

Isaiah 42: 1-4, 6-7 | Responsorial Psalm 29: 1-4, 9-10

Acts 10: 34-38 | Matthew 3: 13-17

Today marks the close of the Christmas season, but before we return to Ordinary Time, we have one more great feast to celebrate — The Baptism of the Lord. Today's feast is a perfect opportunity to consider the privileges and responsibilities we all share as Christian stewards by virtue of our own Baptism.

At the moment of our Baptism, we became adopted sons and daughters of God, members of his holy, Catholic Church. Though we may not have realized it, the moment of our Baptism is also the moment we become Christian stewards, disciples of Jesus Christ, tasked with the work of following in His footsteps day by day and sharing the Gospel message with all those around us.

In our second reading from the Acts of the Apostles, St. Peter gives us a glimpse of the person of Jesus we should imitate. "He went about doing good and healing all those oppressed by the devil, for God was with him." We must live our lives like Jesus, seeking to do good to everyone we encounter; not just those in our inner circle of family and friends, but everyone in our community since the Father loves us all and Jesus sought out everyone with His saving message.

In the Gospel passage from Matthew, we see yet another aspect of Jesus in action, this time as he humbly stands before John to be baptized by him. What humility and what willingness to unite Himself to us our Lord demonstrates by this act. We can do no less as we live out our daily lives as his disciples.

And when we do strive with all our might to live out our Baptismal call to Christian stewardship, we will experience the deep honor of knowing that we, too, are God's "beloved" sons and daughters "with whom He is well-pleased."

**©Catholic Stewardship Consultants**

[www.CatholicSteward.com](http://www.CatholicSteward.com)



St. Albert the Great  
ROMAN CATHOLIC PARISH

**Baptism of the Lord**

**Jan 11, 2025**

## **Mass Schedule**

Monday:	No Mass
Tuesday:	9:00 AM & 6:30 PM
Wednesday:	9:00 AM & 6:30 PM
Thursday:	9:00 AM & 6:30 PM
Friday:	9:00 AM & 6:30 PM
Saturday:	9:00 AM 5:00 PM (Anticipatory)
Sunday:	9:00 AM 11:30 AM 5:00 PM

## **Adoration**

Friday: 9:30 AM – 10:30 AM

## **Confession**

Tuesday:	9:30 AM & 7:00 PM
Wednesday:	9:30 AM & 7:00 PM
Thursday:	9:30 AM & 7:00 PM
Friday:	9:30 AM & 7:00 PM
Saturday:	3:30 PM

## **Office Hours**

Mon to Fri: 9:30 AM - 4:30 PM\*

\*Closed for lunch from 12:30 to 1:00 PM

**Closed Weekends & all Statutory Holidays**

# PRAYER BOARD

Al Eberle	Coleen McCormick	Jessica Gibson	Malcom Little	Ryan Alexander
Al Johnson	Consorcia Palad	John Millar	Margaret Diaze	Ryan Riddell
Albert Joseph Egana	Darren Little	John Posluszny	Maria	Sam Secreti
Alfred Cust	Dcn. Tony Klein	Jonathan Banks	Maria Elder	Sandra Rorbak
Amelia Aureo	Dick Flynn	Jose Loya Jr.	Maria Luis	Scott Henn
Anna Langley-Butt	Dieter Hosemann	Judy Look	Marnie Helash	Sharon Berisha Wong
Anne Zabala	Elaine Hopfner	Julia Dacosta	Marta Marenco	Shawn Freeman
Anthonia Ifeora	Eleanor Cutshaw	Kamran P. Mosavari	Michelle Fiorillo	Slavica Jovica
Arton Rizah Berisha	Felipe Manalo	Kathryn Boyer	Mike Watson	Steven Ross
Bill Yont	Georgia Little	Katrina G. Hamedani	Myrna Rolfes	Susanne Smith
Bob Tetriak	Gertrude Hosemann	Kristin Bell	Natalie Little	Taylor Rohrer
Boris Jovica	Graeme McLean	Landon Miller	Neil Atwater	Therese Wiebald
Bud Montgomery	Harold Freeman	Lawernce McNally	Owen Dorfman	Tim Berlando
Burke Masse	Henry Retzlaff	Len Grose	Patricia Atkinson	Tun Kim Shoute
Camilla Kosariyeganeh	Isabel Maclean	Lena Reichert	Paul Schneider	Ulrich Hart
Carol Meredith	Ivan Jovica	Lennon Casebeer	Peter Hammel	Victoria McEachern
Cheryl Mioamico	Iwona Pisko	Linda Foo	Robert Rivard	Vojtek
Chris G	Jamie Brown	Linda Shaw	Robert Schimpf	Yolanda Duke
Chris Lloyd	Janyce Anderson	Lori Cadrin	Robert Visockas	
Clara Kosariyeganeh	Jasper Bonifacio	Luc Joseph Maillet	Rod P	
Clay Cutshaw	Jeannette Simpson	Luz Estela Gallego	Roy Vinke	

**PRAYER BOARD:** The Prayer Board is intended for any living person requiring prayers. Due to the size of the Parish and our prayer board requests, we now require follow-ups within three months of a request. Please contact the office to have someone added or removed from the board at [secretary@stalbertthegreat.ca](mailto:secretary@stalbertthegreat.ca)

## UPCOMING MASS INTENTIONS

Tues, Jan 13	at 9:00 AM	Joe Murphy (RIP)
Tues, Jan 13	at 11:00 AM	Mr. Saturnino Betongga (RIP)
Tues, Jan 13	at 6:30 PM	Matthew Lakowski (RIP)
Wed, Jan 14	at 9:00 AM	Mrs. Lucy Cadena (RIP)
Wed, Jan 14	at 6:30 PM	Ireneo Fauarna (RIP)
Thur, Jan 15	at 9:00 AM	Ilmar Kanbergs (INT)
Thur, Jan 15	at 6:30 PM	Arturo & Leonisa (RIP)
Fri, Jan 16	at 9:00 AM	Gloria Maguire (RIP)
Fri, Jan 16	at 6:30 PM	Dante Lescano (RIP)
Sat, Jan 17	at 9:00 AM	Gustavo Infante (RIP)
Sat, Jan 17	at 5:00 PM	Jorge Sitchon (RIP)
Sun, Jan 18	at 9:00 AM	Adolf Zurowski (RIP)
Sun, Jan 18	at 11:30 AM	St. Albert the Great Parish Community
Sun, Jan 18	at 5:00 PM	Fernando & Teresita Nidoy (RIP)

### MASS INTENTION AVAILABILITY

**The third week of April is now open for booking.**

To request a Mass intention please visit the parish office downstairs during office hours, call [403.257.6054](tel:403.257.6054) or email [secretary@stalbertthegreat.ca](mailto:secretary@stalbertthegreat.ca)

Our parish serves over 9500 families; intentions are limited to two per family within the three-month period.

Thank you for honoring this system. Please contact the office with questions.

*"Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you." 1 Thessalonians 5: 16-18*

# WEEKLY PARISH SCHEDULE OF EVENTS

<b>Sunday, January 11,</b> 10:00 AM: Sunday Social, Main Hall
12:30 PM: Sunday Social, Main Hall
<b>Monday, January 12,</b> 6:30 PM: Confirmation Prep Session 1, Main Hall
7:00 PM: Women's Bible Study, St. Albert Room (Pre-Registration required)
7:30 PM: Sunday 5pm Choir Ministry Practice, Choir Pit, Church
<b>Tuesday, January 13,</b> 9:30 AM: Arts & Crafts Group, St. Albert Room
11:00 AM: Mass at Rivera Long Term Care Centre, McKenzie Towne
6:30 PM: Confirmation Prep Session 1, Main Hall
7:00 PM: K of C Monthly General Council Meeting, St. Albert Room
<b>Wednesday, January 14,</b> 9:30 AM: 50+ Fabulous Group, St. Francis Room
6:30 PM: Confirmation Prep Session 1, Main Hall
7:00 PM: RCIA, Main Hall
<b>Thursday, January 15,</b> 1:00 PM: CWL Coffee Meetup, St. Albert Room
6:00 PM: ECYD Youth Ministry, Main Hall
6:30 PM: St. Vincent de Paul Monthly Member Meeting, St. Albert Room
6:30 PM: 9AM Choir Ministry Monthly Practice, Choir Pit, Church
<b>Friday, January 16,</b> 6:30 PM: Reconciliation Preparation Session 1, Main Hall
<b>Saturday, January 17,</b> 10:00 AM: Library Organization
10:30 AM: Group Baptism, Church
6:00 PM: Seeds of the Word After all Sunday Masses – Lectio Divina 2026

## MULTIPLY THE HOPE



The Diocese of Calgary launched *Multiply the Hope*, a Jubilee matching initiative that invests up to \$12 million in local parish renewal in 2025. This matching opportunity will continue through 2027, giving us additional time to reach our goal.

**During this three-year period, every dollar contributed to our parish's Building Fund is matched by the Diocese, up to our parish designated goal of \$366,115.**

You can learn more here: <https://www.catholicyyc.ca/multiplythehope.html>

Many parishes carry financial burdens that limit their ability to welcome, to meet growing needs, and to evangelize. *Multiply the Hope* gives us a chance to make a difference. Together, we can help ease our parish from financial pressures, allowing us to focus more fully on renewal: forming missionary disciples, being a church of encounter and witness, strengthening our family life, and offering a place of belonging for those who come alone or with family. We need your donations now more than ever!

In this season of Renewal, we are invited to strengthen our parish communities in hope. Together, let us multiply the hope that builds up our parish homes and prepares hearts for the future.

# PARISH DONATIONS AND CONTRIBUTIONS

**Tax receipts are emailed before the end of February. To ensure that we have the correct email on file please call us at [403.257.6054](tel:403.257.6054) If we don't have your email information, only tax receipts over \$50 will be mailed out.**

**Donations & Financial support from our parishioners, visitors and guests are how we remain in operation.**

Collection in our parish is done after mass at the main doors; our volunteers are there with baskets. Collection that takes place during the offertory song during the mass goes to the [Holy Childhood association](#) (HCA) part of the Pontifical Mission Societies.

We thank everyone who contributes to our parish, without you we could not operate. Our parish relies on regular offertory giving for maintenance and growth. By donating you are providing crucial support to our parish.

**\*TAX RECEIPT NOTE:** anyone seeking a tax receipt for their donation must ensure **A)** that you provide your full name, address and email (On the physical envelope, or by forwarding your first e-transfer confirmation email to [donations@stalbertthegreat.ca](mailto:donations@stalbertthegreat.ca) and providing us your information) and **B)** that you are [registered](#) with the parish.

**Donations** can be made a variety of ways, debit or credit, cash, cheque, e-transfer.

Please visit our website for more details: [Donations - St Albert The Great](#) | <https://stalbertthegreat.ca/donations>

## PARISH MINISTRIES & GROUPS

**Thank YOU, St. Albert the Great parishioners!**



**Society of  
Saint Vincent de Paul**

Looking back at 2025, we can all be very proud of the charitable works we accomplished with your help allowing us to assist the many families that reached out to us in their humble time of need.

Here is a snapshot of what we did:

<u>December 2025</u>	<u>2025 Totals</u>
Hampers delivered: 288	982 (876 in 2024, 765 in 2023)
Adults served: 598	2021
Children served: 580	1413
Cost of Hampers: \$75,324	\$229,003
Gift Cards given: <u><a href="#">\$33,410</a></u>	<u><a href="#">\$ 56,170</a></u>
<b>TOTALS:</b> <u><a href="#">\$108,734</a></u>	<u><a href="#">\$285,173</a></u>
Volunteer Hours: 2329	6879

Thank you to the students, teachers, and staff at St. Marguerite, Divine Mercy, St. Albert the Great, Our Lady of the Rosary, Monsignor Smith, St John Henry Newman, Christ the King, St Isabella, St Gianna, All Saints, and Prince of Peace schools for their contribution to this year's Christmas Hamper success.

**We will resume our monthly financial collections after Mass on the second weekend of the month starting this weekend. May God's grace bless us as we enter a new beginning.**

**\*\*\* Tax season is here again.** We aim to keep administrative costs down and prefer to email tax receipts. If you have not yet done so (\*\*we are separate from church donations\*\*), please send an email to [svdp.satg.donations@gmail.com](mailto:svdp.satg.donations@gmail.com) to confirm your name and that you agree to receive your tax receipt electronically. We ask that you email us your approval for this by 2026 January 25. Thank you.

# PARISH MINISTRIES & GROUPS

**REMINDER this weekend on January 10 & 11th** the Knights of Columbus will be doing a bottle drive in our parish parking lot – Save your Christmas bottles and bring them to mass that weekend. They will be on the East side of the parking lot – head towards the trailer! K of C uses the funds from bottle drives to help support ministries and special events they put on through-out the year. Support a Catholic Charity this New Year and donate to a great cause.



There is still time to register for our Youth Ministry Program Grace & Glory by ECYD. Every Thursday starting January 15th, 2026, through to May.

**To register for Youth Ministry (open to youth in grades 5 to 8) Registration is \$30 | please click [HERE](#)**  
For questions please contact: [youth@stalbertthegreat.ca](mailto:youth@stalbertthegreat.ca)

**Women of the Word (WOW!)** Do you wish you had a deeper understanding of God's Word, as well as a chance to connect with other women in a Christ-centered community? Women of the Word (WOW!) is a new Bible study ministry at St. Albert the Great parish. Our aim is to provide a place where your relationship with God and your Catholic faith can be nourished and where friendships can grow as we live out our call as disciples of Jesus Christ. Come join us!

**We will meet biweekly starting Monday, Jan 12th from 7-9pm downstairs, in the St Albert Room.** Our first study? Jesus Through the Eyes of Mary, a video Scripture study series led by Kimberly Hahn. Full of timeless wisdom rooted in Scripture and the heart of a mother, we'll dive into key Scriptures, drawing out practical lessons for women to grow in faith, trust and spiritual friendship.

To register please visit: [www.tinyURL.com/WOW-2026](http://www.tinyURL.com/WOW-2026) Questions? Please email Michelle Diment at: [ComeAsYouAre.yyc@gmail.com](mailto:ComeAsYouAre.yyc@gmail.com)

**St. Albert's Men's Group** invites you to join them on **January 10<sup>th</sup> and 24<sup>th</sup> after 9:00 AM** Holy Mass in the St. John's Hall, church basement for a coffee and chat. Navigating the world as a Catholic man can be challenging, this group aims to build friendships and provide a safe space for open discussions. No registration required.

**Into the Deep** Prayer is the heart of our relationship with God, but not everyone feels confident in how to pray. To help strengthen our prayer lives, we invite all parishioners to attend the third session of Into the Deep: Finding Peace Through Prayer. This will take place on **Thursday Jan 22<sup>nd</sup>, at 7pm** in the parish hall. This is for both beginners and those experienced in prayer.

**Catechesis of the Good Shepherd (CGS)** Starting **January 21<sup>st</sup>, 2026** St Albert the Great parish will have CGS on **Wednesday mornings 10 am – noon**. This program at St Albert the Great is for 3–6-year-olds. (Children must be 3 years old by Jan 21, 2026 and be independent in the washroom)

**DATES:** January 21, 28; February 4, 11; March 4, 11, 18, 25; April 22, 29; May 6 & 13

**COST:** 1 child \$100 due February 28, 2026. 2 or more children \$150 due February 28, 2026. If you have a problem with the cost, please contact Sheila at [cgscalsouth@gmail.com](mailto:cgscalsouth@gmail.com) or 403-617-9530  
Information about CGS [The Catechesis of the Good Shepherd | Canada | Religious formation for children](http://The%20Catechesis%20of%20the%20Good%20Shepherd%20-%20Canada%20-%20Religious%20formation%20for%20children) or [CGSUSA | The Catechesis of the Good Shepherd® Method](http://CGSUSA.com)

**REGISTRATION:** We will have a table in the narthex on the weekend of January 10 – 11 after every mass and registration will be open that weekend.



# UPCOMING PARISH GUESTS JAN 17 & 18

The Seeds of the Word Community's 2026 Lectio Divina Compendium is out! The Seeds will be selling the Compendium, as well as their baked and homemade goods after Masses on the weekend of January 17th and 18th. The Lectio Divina Compendium is a book that helps you to grow in your relationship with God through daily meditation and prayer with the Word of God, helping you to hear God's voice in your life every day. Proceeds from these sales help support our mission of Evangelization through making the Word of God accessible to everyone. Thank you for your generous support of our Community and its mission in spreading the Word of God!

## HOW TO REGISTER AS A PARISHIONER

We need your information on file for various reasons; the main one being issuing tax receipts. The other is for volunteering. To register please fill out this form: [SATG Registration](#)

For those unsure if you have previously registered, please call [403 257 6054](#) to verify with the office. It's important that your information is kept up to date, if you have a new cell number, address or email let us know by email at [secretary@stalbertthegreat.ca](mailto:secretary@stalbertthegreat.ca)

## BECOMING A VOLUNTEER

At times, determining how we can play a more active role in our parish can be a difficult exercise. We each have gifts that sometimes lay undiscovered. During our time of discernment, we turn to the Holy Spirit to motivate, direct, and inspire us so that we can harmoniously join together to do the Church's work effectively.

Here at St. Albert the Great, we have several ministries that could be strengthened by your involvement. To view them please visit our website here: [Volunteer - St Albert The Great](#) or one of our physical bulletin boards in the Narthex of the parish.

If you feel that you have a gift to offer please complete our [volunteer form](#). You can email any questions to [volunteers@stalbertthegreat.ca](mailto:volunteers@stalbertthegreat.ca) and one of our Volunteer Coordinators will connect with you.

## BLESSING'S & PRIVATE APPOINTMENT'S

Private appointments are required with a Priest for the following requests:

- House/Vehicle Blessings
- Confessions
- Spiritual Discussions & Conversations
- Weddings
- Funeral Planning
- Document Completion, such as referrals
- Annulments
- Special Requests

## SPECIAL REQUESTS

We are here to help! Please email [secretary@stalbertthegreat.ca](mailto:secretary@stalbertthegreat.ca) or call the office at 403-257-6054 for the following requests:

- Parish Registration
- Copies of Parish Forms, such as donation forms or volunteer paperwork
- Special Event Requests

# SACRAMENTS & PARISH SUPPORT

**Baptism:** Holy Baptism is the basis of the whole Christian life, the gateway to life in the Spirit, and the door which gives access to the other sacraments. There are three steps required for Parents to complete: registration, submitting the required documents and booking the date. This is all done online through our webpage [www.stalbertthegreat.ca/baptisminfo](http://www.stalbertthegreat.ca/baptisminfo)

**First Reconciliation & First Eucharist:** In Grades 2 and up, children who are baptized are invited to the Lord's Table to partake in this banquet by receiving Jesus in First Eucharist. The children make themselves ready to receive our Lord by first preparing for and receiving First Reconciliation. Registration for First Reconciliation & First Eucharist for the 2024-2025 school year is now closed. Please email [sacraments@stalbertthegreat.ca](mailto:sacraments@stalbertthegreat.ca) for more information.

**Confirmation:** In Grade 6 and up, youth are called to be witnesses of Christ's love to the world as they receive the fullness of the gifts of the Holy Spirit in Confirmation. Registration is still open! Visit [www.stalbertthegreat.ca/confirmation-main](http://www.stalbertthegreat.ca/confirmation-main) for the dates and registration form.

**Marriage:** To arrange a marriage at St. Albert the Great, six to nine months' notice is required. *Couples who are planning a wedding in the parish are expected to regularly worship with a Catholic Community and participate in a Marriage Preparation Program.* Please contact the office at [403 257 6054](tel:4032576054) to arrange an appointment with the priest.

**Declaration of nullity (annulments):** An annulment (formally known as a "declaration of nullity") is a ruling that a particular marriage was null from the beginning—that is, something was gravely wrong at the time the time the wedding vows were made, and it prevented a valid marriage from coming into existence. This is different than a divorce, which proposes to dissolve a marriage that is in existence. When a man and woman have divorced, they can contact the appropriate diocese to have the process of annulment started. Please contact: Fr. Andrew Maruszczak, SDS, Pastor [403 257 6054](tel:4032576054) or [pastor@stalbertthegreat.ca](mailto:pastor@stalbertthegreat.ca) to arrange a meeting.

**Holy Orders:** *In the Sacrament of Holy Orders, or Ordination, the priest being ordained vows to lead other Catholics by bringing them the sacraments (especially the Eucharist), by proclaiming the Gospel, and by providing other means to holiness.* -American Catholic.org For information on Holy Orders, please contact: Fr. Andrew Maruszczak, SDS, Pastor [403 257 6054](tel:4032576054) or [pastor@stalbertthegreat.ca](mailto:pastor@stalbertthegreat.ca)

**Anointing of the Sick:** *The Catholic Sacrament of Anointing of the Sick, formerly known as Last Rites or Extreme Unction, is a ritual of healing appropriate not only for physical but also for mental and spiritual sickness.* -American Catholic.org For information on the Anointing of the Sick, please contact: The Parish Office [403 257 6054](tel:4032576054)

**Becoming Catholic:** Many adults entering the Catholic Church, or those just thinking about it, follow a process known as **RCIA** — the Rite of Christian Initiation of Adults. RCIA is a journey of conversion within the living community of faith. It is designed to educate converts in the Catholic faith and prepare them to receive the sacraments of the Catholic Church. The RCIA inquiry stage is the starting place for teens & adults who are thinking about entering the Catholic Church. It gives an opportunity to explore who Jesus Christ is, and the fundamental foundations of the Catholic faith. For more information, please email [rcia@stalbertthegreat.ca](mailto:rcia@stalbertthegreat.ca)

**Funeral Planning:** After a loved one has passed away it can be a difficult time for everyone. You can contact the Parish office anytime to learn more about Catholic funerals and options you have.

**Confession/Reconciliation:** Here at St. Albert the Great Parish, the act of Confession is done in Fr. Pat's room which is located on the East side of the Narthex. You have the option of sitting face to face or at the kneeler. At any time, you are welcome to make an appointment with one of our priests to have a private Confession. Please call the office at 403-257-6054

**Obtaining Copies of Sacramental Records:** If the sacrament was completed at St. Albert the Great Parish, please email [records@stalbertthegreat.ca](mailto:records@stalbertthegreat.ca) to request a copy. If the sacrament was completed at another parish you will need to contact that parish to obtain a copy. If you are unsure which parish the sacrament was completed at please contact the diocese at [sacramentalrecords@calgarydiocese.ca](mailto:sacramentalrecords@calgarydiocese.ca) or complete a request here: [Sacramental Record Request Procedure & Submission - ROMAN CATHOLIC DIOCESE OF CALGARY](http://Sacramental Record Request Procedure & Submission - ROMAN CATHOLIC DIOCESE OF CALGARY)

# OTHER NEWS & EVENTS

**Lucille Paplawski Bible Study:** Please join us for an 8-part study with Jeff Cavins and Jeffrey Morrow, who will lead us through the Gospel of St. Luke - The Story of Salvation Fulfilled. Classes will be over Zoom on **Wednesday evenings from 6:30 - 8:30 p.m., beginning on January 21, 2026**. Cost of the workbook is \$42. For more information, please contact Lucille Paplawski at: [paplawski@hotmail.com](mailto:paplawski@hotmail.com) or (403) 479-1211.

**Marriage Enrichment Workshops:** The Diocese of Calgary invites engaged and married couples to a series of marriage enrichment workshops beginning on **Thursday, Jan 22 at 7 pm**, at the Catholic Pastoral Centre.

Join *Bill & Tracy Tomiak as participants explore communication styles, strengths and weaknesses within their relationship, and skill-building* for strong communication in marriage. Bill and Tracy have been married for 35 years and have five adult children, four sons-in-law, and five grandchildren. Bill is the Executive Director of Clear Water Academy with a background in conflict resolution and team development. Tracy is a counselling therapist in Calgary with a passion for strengthening communication and conflict resolution in couples and families.

For more info on the workshops and to register, click [here](#). You can also contact 403-218-5521 or email [mara.capili@calgarydiocese.ca](mailto:mara.capili@calgarydiocese.ca)

**Inspiration Unplugged featuring Heather Khym by St. Mary's University.** Join Heather Khym, Co-Founder of Life Restoration Ministries and Co-Host of the Abiding Together Podcast on **January 22<sup>nd</sup> from 7:00pm to 7:00pm McGivney Hall, St. Mary's University.**

**Fun Night with the Sisters January 23<sup>rd</sup> 5:30pm-9:00pm.** Young women ages 16+ are invited to an evening of conversation, games, and shared meals with women religious serving in the Diocese of Calgary. Hosted by the Office of Vocations and the Assembly of Women Religious, this gathering offers a relaxed opportunity to connect and ask questions about faith and vocation. Parental permission is required for minors. Donations to help cover food costs are gratefully accepted. **Please Register by Jan 22.** Phone 403-218-5504 or email [sisterdianne.turner@calgarydiocese.ca](mailto:sisterdianne.turner@calgarydiocese.ca)

**Retrouvaille Calgary** is inviting couples to their Weekend Program on **Friday, Feb 27 – Sunday, Mar 1.** This program is designed for couples who are experiencing challenges in their marriage.

Retrouvaille is a peer ministry of volunteer couples that helps couples learn the tools of healthy communication, build intimacy and heal, just as they have done in their marriages. We all started, as you have started, looking for answers on how to bring love, understanding, intimacy, forgiveness and deeper communication back into our marriages. This program has helped hundreds of thousands of couples around the world do just that. It only requires the will and perseverance of a committed couple to make the drastic changes you are looking for.

For more information, contact **Brian & Lee Weatherill** at 403-282-9531 or by email at [coordinator@retrouvaillecalgary.com](mailto:coordinator@retrouvaillecalgary.com) visit [Retrouvaille Calgary](#) for more information on the program.

**Vocation Seeds:** As John the Baptist introduced the people of his time to Jesus "a voice from heaven said, 'This is my Son, the Beloved, with whom I am well pleased.'" Perhaps God is calling you to do the same in our time as a priest, deacon, brother or sister contact Fr. Derek Remus, Associate Director of the Office of Vocations - Early Discernment and Seminary Admissions. Email: [derek.remus@calgarydiocese.ca](mailto:derek.remus@calgarydiocese.ca) | <https://www.catholycyc.ca/vocations>

For the complete list of Diocesan News & Events click:

[News & Events - ROMAN CATHOLIC DIOCESE OF CALGARY \(catholycyc.ca\)](#)

[Formed | On-Demand Catholic Movies, Audio Books, Podcasts & More](#)

[Faithfully - ROMAN CATHOLIC DIOCESE OF CALGARY](#)

**Sunday Resources for children**

[Catholic Mom Gospel Coloring Pages](#)

[Sunday Connection \(Gr. 1-8\)](#)

[Children's Liturgy of the Word July & August](#)

For more information on Diocesan News & Events please visit <https://www.catholycyc.ca/news>