

Discipleship Project



WHAT IS A DISCIPLESHIP PROJECT

Confirmation prepares you to start living out your Catholic faith more intentionally through acts of service to the community. Your discipleship project will help you start practicing this kind of service. You will pick one act of service to begin during your Confirmation preparation program. In this way, you will start putting the gifts and graces God gives you into practice.



WHAT SHOULD I CHOOSE?

You can choose any kind of service you like. It should be something you are interested in, you think you are pretty good at and that will be of benefit to your community (Church community or local community. Use worksheet below (page 2) arrive at your final decision.



HOW LONG DO I HAVE TO DO IT FOR?

There is no set time limit. The important thing is that you listen to the Holy Spirit What great things does He want you to do? He will tell you if you listen to Him. Follow His lead and you can't go wrong.

“Truly I tell you, just as you did it to one of the least of my brothers and sisters, you did it to me.”

Discipleship Project Worksheet



STEP 1: TALK TO THE HOLY SPIRIT

Whenever you start to work on worksheet, take a moment to ask the Holy Spirit's guidance. You can do this with a simple prayer like,

“Come Holy Spirit. Please show me how I can use the gifts You have given me to serve others with joy. Help me to see where I am needed and give me the courage to say yes. Amen.”



STEP 2: REFLECT ON YOUR GIFTS & TALENTS

Below is a list of gifts and talents you might possess. Read through the list and check any that sound like you – or any that you might want to work on.

| Gift | Description | Yes/No |
|---------------|--|--------------------------|
| Healing/Mercy | I cared deeply about people who are suffering/hurting | <input type="checkbox"/> |
| Hospitality | I enjoy making people feel welcome and included | <input type="checkbox"/> |
| Leadership | I like organizing things and helping others get involved | <input type="checkbox"/> |
| Music | I sing, play or write music and want to use it for God | <input type="checkbox"/> |
| Service | I enjoy helping behind the scenes | <input type="checkbox"/> |
| Teaching | I am good at explaining things to others | <input type="checkbox"/> |
| Art | I like building, creating designing or decorating | <input type="checkbox"/> |
| Writing | I enjoy writing stories, reflections or social media posts | <input type="checkbox"/> |
| Prayer | I feel called to pray for others | <input type="checkbox"/> |
| Other | People have told me I am good at something not included here | <input type="checkbox"/> |



STEP 3: Brainstorm ways to put your gifts/talents to use

Based on your reflection from STEP 2, list a few ways you might put your gifts & talents to use at your parish or in your wider community.

Idea #1

Idea #2

Idea #3



STEP 4: CONSULT OTHERS

Think about some people whose opinion you respect (e.g., parents, Godparents, teachers, coaches, priests, leaders in the Church, friends, etc.). Run your ideas from STEP 3 past them and see which ones they think are the best fit for you.



STEP 5: MAKE A COMMITMENT

Write your final decision in the space below. Sign your name to this idea and add the date you decided. You have now made your commitment to this idea. Take the next steps to see your idea through. Remember, you can always go back to STEP 4 (Consult Others) for help deciding what your next steps should be.

My Final Idea

My Signature

The Date I Decided